

Write,  
DRAW,  
COLOR  
your  
REFLECTIONS  
in each of the  
SPACES

MY TOP GOALS  
FOR THE  
NEW YEAR

MY WISHES

HEALTH - FAMILY

COMMUNITY

LEARNING

PROFESSIONAL

YOUR OWN LIFE AREA

MY VISION FOR 2024  
and Beyond...

WHAT DO I  
WANT TO  
change?

MY GIFTS +  
STRENGTHS

NOT YET OPENED  
UNREALIZED  
POTENTIAL

THINGS TO  
LET GO...

STRONG FOUNDATION

I'M GRATEFUL FOR...

my HOLIDAY WISHES into 2024