

Write,
DRAW,
COLOR
your
REFLECTIONS
in each of the
SPACES

MY TOP GOALS
FOR THE
NEW YEAR

MY WISHES

HEALTH - FAMILY

MY GIFTS +
STRENGTHS

COMMUNITY

LEARNING

PROFESSIONAL

YOUR OWN LIFE AREA

MY VISION FOR 2023
and Beyond...

WHAT DO I
WANT TO
change?

NOT YET OPENED
UNREALIZED
POTENTIAL

THINGS TO
LET GO...

STRONG FOUNDATION

I'M GRATEFUL FOR...

my HOLIDAY WISHES into 2023